

Find My Feelings

WORDSEARCH

Emotions are a tricky thing sometimes. One way we can cope is to increase our vocabulary so that we can express our feelings.

Try the wordsearch below to find common words for feelings.
Have you ever experienced these feelings before?

C N F G E C Q F X J B Z R S T J K T V X Y V G T
U O N P H O V E R W H E L M E D V T V J N V D W
A L D A B O R E D U S U S P I C I O U S D E N D
J K P E D I Z I Q I S Y N G R H A U U L S R D O
Q U C G S D G C J T S T T Q O N U M B S T D W I
R H Y U R I V R N T D G R L P G C J E L D E Y X
X T D E R A R E S T E H U A I X I R V R O G N S
U W F A O T D P G W M P H S T U P C W A X A O Z
N N Y Y S I S C R S A V L N T E G S O C Z R K D
L E Z I F M S E E U H B R A D E D S R Y N N Y B
M P R N N S R X V G S E Q J C I D G R R B E L C
D S O V E F C L D O A H D R C I V O I C M Y L E
L C U H O I H L M I L E B D B L R H E W V N I R
P T H O T U L C P D T V H N P U G E D Q L A S D
Q S B E I K S W A S W M F N P F R R T D W N M E
C E D T D X R N U U S H O C K E D V B S O C W F
B M Z Y X G N A P N T A E P S P U L J X Y O G E
Y S E F F X H A J W T I J S B O W N A W A H Q D
L N Z S C X R R X N H B O E T H X L Z L N Z V E
O R M M E O W J U F L D Y U A A H Y A Z G J M R
N N Y C O N F U S E D Q S N S L T F N B R I G A
E X B K U Y P P A H F X Y X I Z O I S C Y Q K C
L A S L O E K S H Y E R X L F R Y U C L T F C S
Y B K N C E M B A R R A S S E D X C S M H F K J

angry	depressed	frustrated	lovestruck	shocked
anxious	disgusted	guilty	nervous	shy
ashamed	embarrassed	happy	numb	silly
bored	enraged	hopeful	overwhelmed	surprised
cautious	ecstatic	hysterical	sad	suspicious
confident	excited	jealous	scared	worried
confused	exhausted	lonely		