

LESSON PLAN

FEBRUARY 2020

IKIGAI


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IKIGAI

B1 INTERMEDIATE

Stages	Procedure	Time
Objectives	<ol style="list-style-type: none"> 1. To practice <ol style="list-style-type: none"> a. guessing the meaning of words through synonyms b. scanning skills 	
Warmer/ Lead-in	<ol style="list-style-type: none"> 1. Teacher asks students <ol style="list-style-type: none"> a. What would you like to get paid for? b. If you are an adult now, what kind of work would you do? 2. Teacher leads into the topic of the day. 3. Based on the student's answer, teacher quickly arranges students according to job or interest groups. 	5 mins
Pre-reading	<ol style="list-style-type: none"> 1. Teacher distributes Task 1. 2. In small groups, students discuss and complete Task 1. 3. Teacher checks answer. 	12 mins
While-reading	<ol style="list-style-type: none"> 1. Teacher distributes Task 2. 2. In groups, students complete Task 2. 3. Teacher checks answer and provides feedback. 	8 mins
Post-reading	<ol style="list-style-type: none"> 1. Teacher distributes Task 3. 2. Teacher asks students to refer to a diagram on page 33. 3. Students discuss and complete Task 3 in groups. 4. Teacher discusses the answers by asking students to view the diagram again. 	10 mins
Wrap	<ol style="list-style-type: none"> 1. Teacher does a concept check of the lesson by asking, "Would you like to find your ikigai?" 	5 mins

TASK 1

The words on the left are keywords found in the article. Fill in the blanks with vowel(s) to complete the spelling and match the word to its meaning on the right.

- | | | |
|-------------------------|---|--------------------------------|
| 1. __ l __ v __ | ▶ | ■ a. helpful |
| 2. w __ rth | ▶ | ■ b. the reason of existence |
| 3. sp __ r __ t __ __ l | ▶ | ■ c. full of life |
| 4. __ s __ f __ l | ▶ | ■ d. joy |
| 5. __ nj __ y | ▶ | ■ e. be confident in oneself |
| 6. ch __ __ s __ | ▶ | ■ f. nonphysical and religious |
| 7. th __ nkf __ l | ▶ | ■ g. take pleasure in |
| 8. p __ rp __ s __ | ▶ | ■ h. value |
| 9. b __ l __ __ v __ | ▶ | ■ i. grateful |
| 10. h __ pp __ n __ ss | ▶ | ■ j. select |

TASK 2

Answer True (T) or False (F) to the statements below about Ikigai.

Statement	T/F
1. Japanese practise ikigai.	
2. The meaning of “iki” is live.	
3. The meaning of “gai” is worth.	
4. The Japanese believe that a person’s ikigai is a balance of right or wrong.	
5. The ikigai of an individual brings happiness to the individual and others.	
6. The principles of ikigai are vision, mission, vocation, and profession.	
7. The lightbulb inventor, Thomas Edison, is a good example of a person who found his ikigai.	
8. According to the author, a person can find his/her ikigai by doing what you were told.	

TASK 3

The principles of ikigai is listed on the left. Match them to the relevant questions on the right. Each principle has 2 relevant questions. You may refer to the diagram on page 33.

- | | | |
|---------------|---|---|
| 1. Passion | ● | ● a. What does the world need? |
| 2. Mission | ● | ● b. What am I good at? |
| 3. Profession | ● | ● c. What do I love? |
| 4. Vocation | ● | ● d. What can I be paid for now or in the future? |

ANSWERS

Task 1

1. alive (c)
2. worth (h)
3. spiritual (f)
4. useful (a)
5. enjoy (g)
6. choose (j)
7. thankful (i)
8. purpose (b)
9. believe (e)
10. happiness (d)

Task 2

1. T
2. F
3. T
4. F
5. T
6. T
7. T
8. F

Task 3

1. b, c
2. a, c
3. b, d
4. a, d