



Stages	Procedure	Time
Objectives	<ol style="list-style-type: none"> <li>To practice               <ol style="list-style-type: none"> <li>skimming and scanning skills</li> <li>vocabulary in context – identifying synonyms; learning different meanings that a word can have</li> <li>giving own opinions about topic read</li> </ol> </li> </ol>	
Warmer	<ol style="list-style-type: none"> <li>Teacher asks students what kind of desserts they like and get a few students to give their answers.</li> <li>Teacher leads into the topic by asking types of desserts they would opt for on a cold day or a hot day.</li> </ol>	5 mins
Pre-reading	<ol style="list-style-type: none"> <li>Teacher asks students to look at the title, headings and pictures in the article and guess what they are going to read about.</li> <li>Teacher distributes <b>Task 1</b>.</li> <li>In pairs, students work on <b>Q1</b> in <b>Task 1</b>. (2 mins) <i>(Students guess from skimming through the article.)</i></li> <li>Elicit for possible answers and write a few on the board.</li> <li>Teacher asks students to discuss question 2 and elicit for answers.</li> <li>Do the same for question 3. <i>(This task allows teacher to direct a class discussion around the topic of the reading to give students the opportunity to voice their own ideas based on their general knowledge.)</i></li> </ol>	10 mins
While-Reading	<ol style="list-style-type: none"> <li>Teacher asks students to quickly read the article.</li> <li>Teacher distributes <b>Task 2</b>.</li> <li>Students answer the questions in <b>Task 2</b>.</li> </ol>	10 mins
Post-reading	<ol style="list-style-type: none"> <li>Teacher checks the answers and provide feedback.</li> <li>Teacher distributes <b>Task 3</b>.</li> <li>In pairs, students discuss answers.</li> <li>Teacher elicits and discusses the answers.</li> </ol>	10 mins
Wrap	<ol style="list-style-type: none"> <li>Teacher does a concept check of the lesson</li> </ol>	5 mins

## **TASK 1**

**Answer the following questions.**

1. Write a sentence to describe what you think this whole article is going to be about.
  
  
  
  
  
  
  
  
  
  
2. Take a quick look at the article. Is your favourite dessert featured in the article? Which is it? Why do you like it? If it is not included in the article, describe your favourite frozen dessert and why you like it.
  
  
  
  
  
  
  
  
  
  
3. Of all the frozen desserts featured, which do you think is the healthiest to eat? Why do you think so? Which is not so healthy? Why?

## TASK 2

Write True (T) or False (F) in answer to the statements below.

Statements	T/F
1. The article describes different types of ice-cream.	
2. The difference between hard ice-cream and soft serve ice-cream is the way they are made.	
3. Soft serve ice-cream is kept frozen in a special machine.	
4. Regular ice-cream is softer and lighter than gelato.	
5. The more air that is added into the making of ice-cream makes it softer and lighter.	
6. Froyo is ice-cream made from yoghurt.	
7. Cream contains as much fat as milk.	
8. Sherbet and sorbet are similar because both do not contain milk or cream.	

### TASK 3

Each set of sentences below uses a word (in bold) that appears in the article. Choose the sentence that uses the word with the same meaning as in the article.

- 1 a. Doctors **treat** patients for various illnesses and diseases.  
b. Men should **treat** women with respect.  
c. My sister took me to see a movie last night and it was a real **treat**.
  
- 2 a. Mary did not have butter to make a cake, so she **churned** milk to make her own butter.  
b. I must have eaten something bad because my stomach **churned** the whole night and I couldn't get any sleep.  
c. Feelings of sadness and regret **churned** inside him and he was almost in tears.
  
- 3 a. Fred is quite **dense**; the teacher explained the meaning of the word three times already but he still doesn't seem to understand.  
b. I prefer regular chocolate cake to brownies because it is less **dense**.  
c. The fog was so **dense** that we couldn't see more than two feet of the road ahead of us.
  
- 4 a. Jane made a delicious fruit **tart** for dessert.  
b. The teacher gave a **tart** reply when asked about the low marks he gave the entire class in the English test.  
c. Green apples are **tart** while red ones are usually sweet.
  
- 5 a. The nurse **blended** the food before she served it to the patient because he has difficulty swallowing.  
b. **Blended** learning combines classroom learning and the use of different technologies.  
c. In western countries like the United States, **blended** families are very common because of the high rate of divorced couples with children getting married again.

## ANSWERS

### Task 1

1. The content of the article deals with different types of frozen desserts.
2. *(Students' own answers.)*
3. Sorbet is the healthiest because it is basically frozen blended fruit and does not contain any fat.  
The unhealthiest would be frozen custard or hard and soft serve ice-cream because of their high fat and egg content.  
*(Students may not be able to give accurate answers to this question before they have read the article. Accept what is reasonable and prompt whenever possible. After they have read the article, can revisit this question and ask students for correct answer.)*

### Task 2

1. F
2. T
3. F
4. T
5. T
6. F
7. F
8. F

### Task 3

1. c
2. a
3. b
4. c
5. a