

LESSON PLAN

DECEMBER 2018

ON THE EXTREME SIDE OF SPORTS



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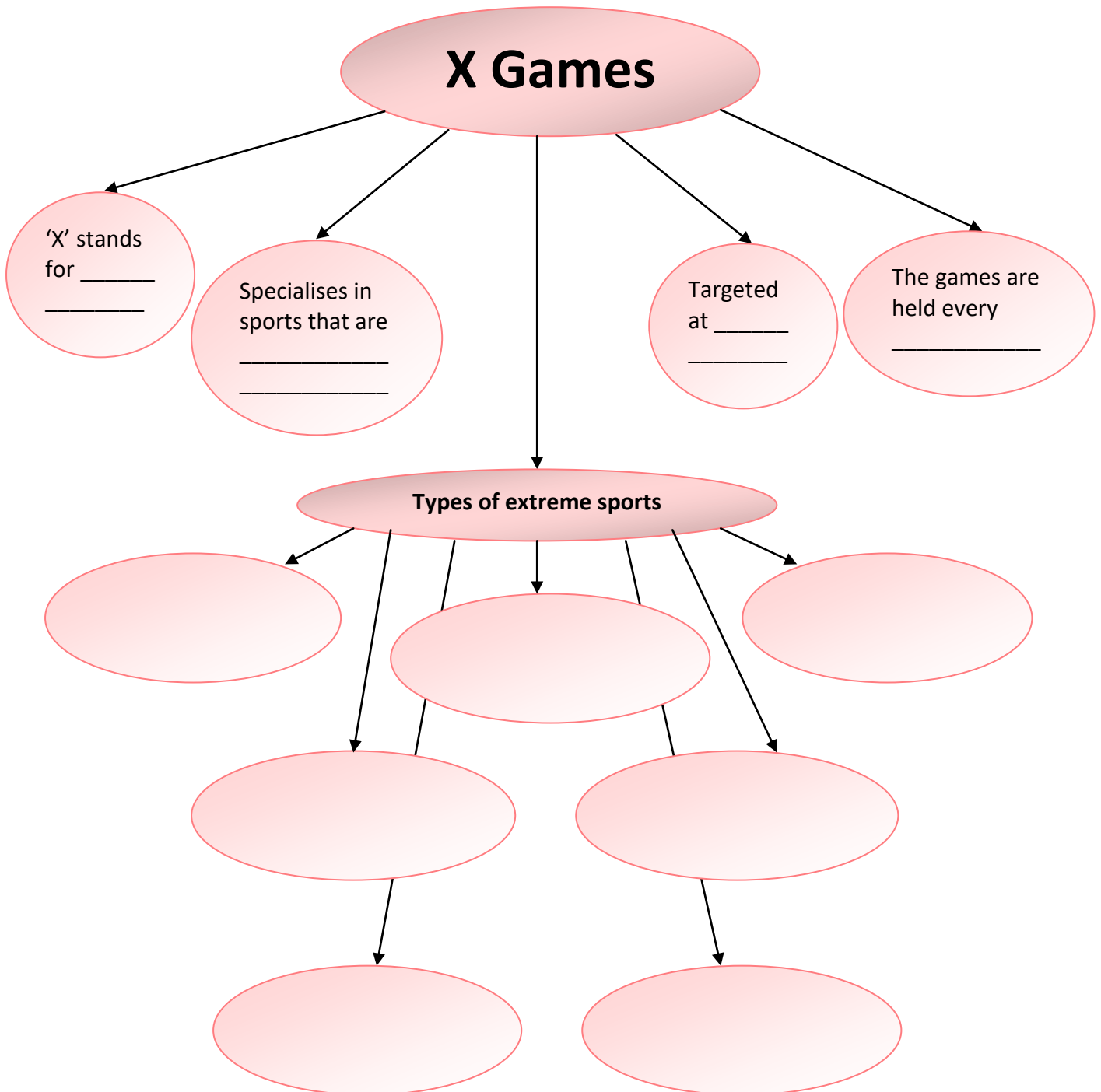


ADVANCE

Stages	Procedure	Time
Objectives	<ol style="list-style-type: none"> 1. To practice <ol style="list-style-type: none"> a. Making predictions b. Identifying word meaning in context c. discussing and responding to content of the text through comprehension questions (making inferences) 	
Warmer	<ol style="list-style-type: none"> 1. Teacher writes the word 'X-Game' on the board and asks if anyone in the class has watched or watches the show. (with show of hands) 2. Teacher elicits from those who put up their hands - what the show is about or what type of games are found in the show. 3. Next, asks the class if they know what the letter 'X' stands for. Elicit responses. 	3 mins
Pre-reading	<ol style="list-style-type: none"> 1. Teacher then distributes Task 1 and gets students work in pairs. 2. Before turning to the pages of the article, get students to look at the bubble map. 3. With the keywords in the map, get students to predict what they think they are going to read about in the article. 4. At random, elicit responses from few groups. 	5 mins
While-Reading	<ol style="list-style-type: none"> 1. Next, teacher gets students to skim through the article and asks if they make the right predictions. Elicit responses. 2. Teacher distributes Task 2. 3. Students continue to work in pairs to complete comprehension task. 4. Teacher elicits, discusses and confirms answers. 5. Next distribute Task 3. 6. Students continue to work in pairs to complete the task on vocabulary. 	15 mins
Post-reading	<ol style="list-style-type: none"> 1. Next, teacher tells the class that they are going to form a committee to organize an adventurous outing. 2. Teacher can project the following websites to the class as suggestions for the outing. <ul style="list-style-type: none"> • Indoor rock climbing places http://www.healthworks.my/learn-rock-climbing/ • Xtreme Adventure https://xtreemadventure.com/ 	15 mins
Wrap	<ol style="list-style-type: none"> 1. Teacher summarises discussion and wraps up lesson. 	2 mins

TASK 1

Look at the bubble map below. What do you think you are going to read about? Complete the bubble map with your predictions.



TASK 2

Read the article on page 7 and answer the questions below.

1. What are the differences between sports in the Olympic Games and sports in the X Games?

2. In your opinion, why do popular rock bands and DJs often perform at the X Games?

3. Who is Tony Hawk and why is he famous in the X Games?

4. What helps a person excel in rock climbing?

5. Among the three types of rock climbing events, which type is suitable for beginner? Provide explanations to your answers.

6. How was the X Game version of snowboarding developed?

7. What do wakeboarders do to compete in the X Games wakeboarding event?

8. In your opinion, why is rock climbing not a staple sport at the X Games, yet the Major League Gaming (MLG) is?

TASK 3

Read the each statement below and look for a word in the article that has the opposite meaning to the word(s) underlined.

1. Sports in the X Games are exceptional. They are different from the common games in the Olympics.

Antonym for **exceptional**: _____

2. The game show will not be successful as it doesn't confine its games to specific audiences. The variety of games draws audience of all ages.

Antonym for **doesn't confine**: _____

3. He needs to have new tricks if he wants to stand out in the X Games. A mediocre athlete doesn't attract many viewers.

Antonym for **mediocre**: _____

4. That's the most complicated game I've ever played. There are multiple variables in every level of the game. To master the game you need to be multi-skilled.

Antonym for **complicated**: _____

5. 'Gotong-royong' is becoming an occasional event in our neighbourhood as many people have moved to the city.

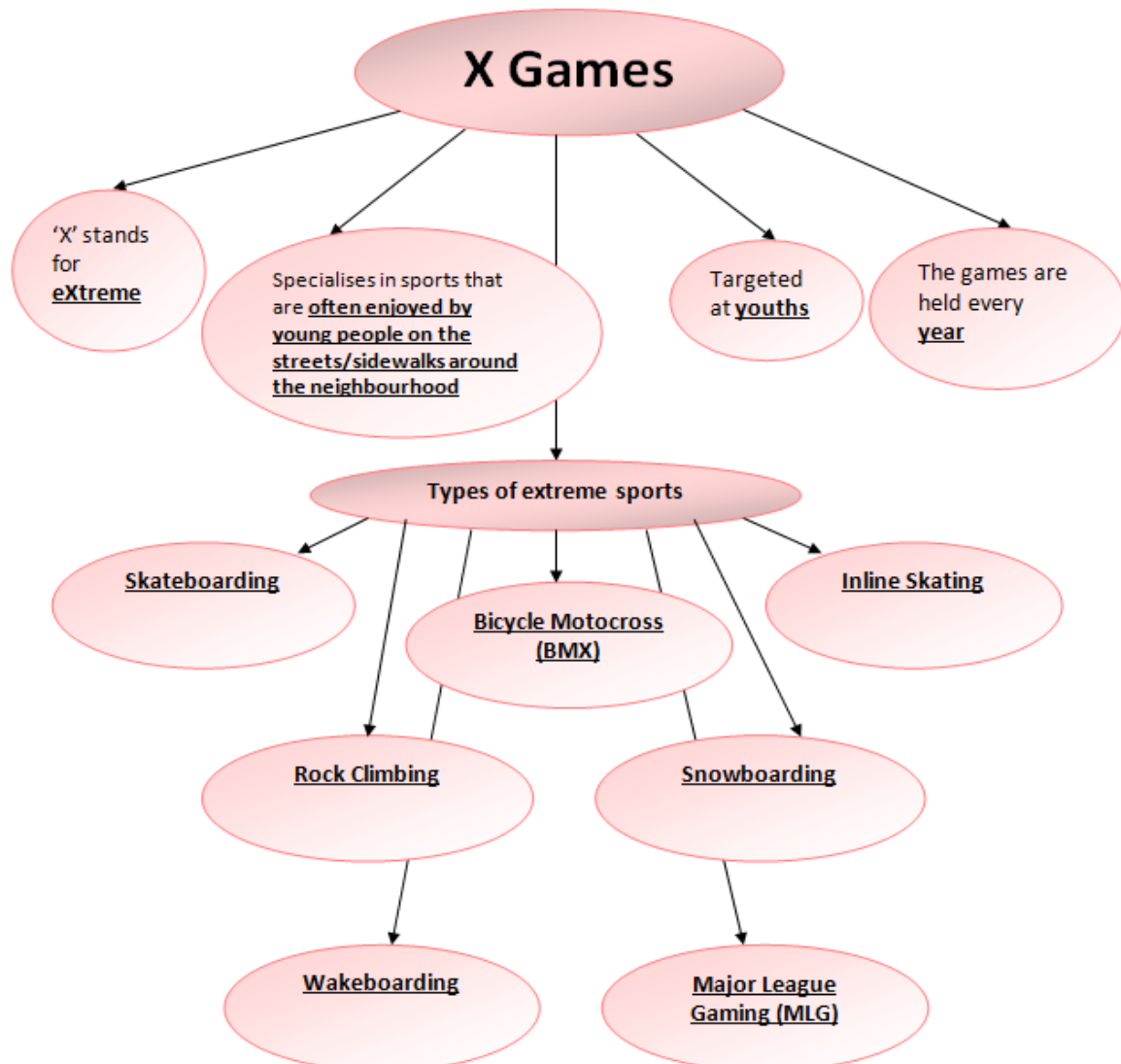
Antonym for **occasional**: _____

6. Pokemon GO has become a popular exterior game among young people. This mobile game requires players to hunt for Pokemon in the real world which includes public places and tourist spots.

Antonym for **exterior**: _____

ANSWERS

Task 1



Task 2

1. The Olympic Games is held every four years and features an array of common sports, whereas the X Games is held every year and specialises in sports that are out of the ordinary.
2. It is because X Games draws young audiences who may enjoy popular rock bands and DJs more.
3. Tony Hawk is a famous skateboarder who debuted his epic trick during the 1999 X Games.
4. The person needs to have a lot of concentration, core strength and stamina.
5. I think lead climbing is more suitable for beginner as climber is attached to a lead string and climb up a set route. This might be more secure for a beginner.

6. It was developed with a combination of skateboarding, sledding, skiing and surfing.
7. Wakeboarders ride the wake created by the motorboat while performing complicated spins, flips and other tricks.
8. Rock climbing is probably not a staple sport at the X Games because it is not an activity that young people do on the streets or sidewalks around the neighbourhood. On the other hand, MLG can be done anywhere indoor or outdoor.

Task 3

1. ordinary
2. specialises
3. epic
4. straightforward
5. regular
6. indoor