

LESSON PLAN

AUGUST 2018

THE NURSE WHO CYCLED AROUND THE WORLD



Vol 13 Issue 4

B1 PRE-INTERMEDIATE

Stages	Procedure	Time
Objectives	To practice the following skills:- <ol style="list-style-type: none"> Prediction Scanning Skimming for main ideas Meaning in context 	
Warmer	<ol style="list-style-type: none"> Teacher gets students to look at the pictures on pages 38 and 39 and ask: <ul style="list-style-type: none"> Based on the pictures, when do think this took place? (Answer: 1950s – the style of the bicycle, the hairstyle, the clothes) 	5 mins
Pre-reading	<ol style="list-style-type: none"> Teachers goes through Glossary on page 41. Teacher distributes Task 1 In pairs, students work on Task 1. Teacher checks answers. 	10 mins
While-Reading	<ol style="list-style-type: none"> Teacher distributes Task 2 and instructs students to read the text. While reading, students complete Task 2. 	10 mins
Post-reading	<ol style="list-style-type: none"> Teacher checks the answers to Task 2. Teacher distributes Task 3. Teacher elicits answers. Teacher assigns Task 4. Then elicit answers. 	10 mins
Wrap	<ol style="list-style-type: none"> Teacher does a concept check of the lesson 	5 mins

TASK 1

Fill in the blanks with the correct the correct word from the glossary

1. The paint on the outside wall started to _____ after being exposed to the sun.
2. A lot of money was raised at the _____ selling used clothes and items.
3. You must not _____ the wild life when you do trekking in the jungle.
4. The _____ of repairing a loose bicycle wheel is quite easy to learn.
5. People living in the _____ mountain villages still do not have electricity.

TASK 2

Match the following main ideas with the correct paragraphs.

Main Idea	Paragraph
1. She believed that by doing good, people would be the same too.	
2. She couldn't cycle to Baghdad and Russia as the government rejected her visa.	
3. Louise Sutherland would cycle 100 kilometres for about 7 hours to visit her parents.	
4. Difficult times in India were faded over by the kindness of strangers.	
5. She took a ferry to Israel after cycling through Yugoslavia and Greece.	
6. She went cycling alone in Europe with a trailer attached to her bicycle which she bought during church jumble sale.	
7. She supported her trips by taking on jobs.	

TASK 3

Answer the questions
1. What is Louise Sutherland famous for?
2. What was Sutherland's profession?
3. How did she travel to visit her parents?
4. Where did she work in 1949?
5. What did she do when she ran out of money on her travels?
6. What did she do when she was not allowed into certain places?
7. When did Louise Sutherland die?

TASK 4

Answer true (T) or false (F).

Statements	T/F
1. Louise Sutherland cycled across the Amazon alone.	
2. She did not enjoy cycling long distances.	
3. She bought a used bicycle at a church jumble sale for \$2.10.	
4. She always had a plan when she cycled across countries.	
5. She was often bitten by insects her during her journeys.	
6. She had a lot of knowledge on the mechanics of the bicycle.	
7. She passed away in the age of 54 in 1994.	

ANSWERS

Task 1

1. fade
2. jumble sale
3. harm
4. mechanics
5. remote

Task 2

1. 7
2. 5
3. 1
4. 6
5. 3
6. 2
7. 4

Task 3

1. Louise Sutherland was famous for cycling across the Amazon alone.
2. She worked as a nurse.
3. She would cycle 100km hospital to visit her parents.
4. She worked in a hospital in London
5. She would take on jobs when she ran out of money.
6. She would turn back
7. She died in 1994, when she was 68 years old.

Task 4

1. T
2. F
3. T
4. F
5. T
6. F
7. F