



Stages	Procedure	Time
Objectives	<ol style="list-style-type: none"> 1. To practice <ol style="list-style-type: none"> a. scanning skills b. to practise using colour idioms 	
Warmer	<ol style="list-style-type: none"> 1. Show students the video about colour psychology. https://www.youtube.com/watch?v=zaDXa4FLnmw 2. Ask students what they learned about colours from watching the video. (Answer: colours is related to feelings) 4. Introduce the topic. 	5 mins
Pre-Reading	<ol style="list-style-type: none"> 1. Distribute Task 1. 2. In pairs, get students to complete Task 1. 3. Elicit and discuss answers. 	8 mins
While-Reading	<ol style="list-style-type: none"> 1. Get students to scan the article from page 28-30 and list down the feelings associated with each colour. 	10 mins
Post-reading	<ol style="list-style-type: none"> 1. Elicit and discuss answers. 2. Ask students to read the rest of the article. 3. Distribute Task 2. 4. Discuss the answers. 5. Assign Task 3. 6. Elicit answers. 	12 mins
Wrap	<ol style="list-style-type: none"> 1. Ask a few students for the favourite colour and get them to tell the class why they like that colour. 	5 mins

TASK 1

Match the colour idioms to their meaning

- | | | |
|----------------------|---|---|
| 1. A white elephant | ■ | ■ a. suddenly without warning |
| 2. Out of the blue | ■ | ■ b. caught doing something wrong |
| 3. A black sheep | ■ | ■ c. jealous |
| 4. green-eyed | ■ | ■ d. Not sure about something |
| 5. Red-handed | ■ | ■ e. Something useless |
| 6. In the pink | ■ | ■ f. healthy |
| 7. born to be purple | ■ | ■ g. A person who is a disgrace to the family |
| 8. a grey area | ■ | ■ h. royal |

TASK 2

Answer the questions
1. Why were old movies in black and white?
2. What makes every single person unique?
3. What is colour psychology?
4. What colour is most easily found in nature?
5. What is the saying which means that someone is feeling really sad?

TASK 3

State 'True (T) or False (F)'.

Statements	T/F
1. Old movies were in black and white because things did not have colour back then.	
2. People tend to have the exact same skin colour as someone else if they are of the same race.	
3. Red is a very strong colour that can bring about strong feelings like love, bravery or anger.	
4. People who are dressed in yellow or orange usually seem quite friendly.	
5. You should paint your room red so that you will feel at peace there.	

ANSWERS

Task 1

1. E
2. A
3. G
4. C
5. B
6. F
7. H
8. D

Task 2

1. Old movies were in black and white because old movie cameras could not record colour.
2. The differences of skin colour, eye colour and hair colour make every single person unique.
3. Colour psychology is the idea that humans or feelings can be influenced by colour.
4. Green is the colour that is most easily found in nature.
5. The saying 'feeling blue' means that someone is feeling very sad.

Task 3

1. F
2. F
3. T
4. T
5. F