

LESSON PLAN

February, 2018

Journey to Shangri-La



Vol.15 Issue 1

BEYOND GAME OF THRONES: INCREDIBLE MYTHICAL CREATURES



Travel

Stages	Procedure	Time
Objectives	 To practice a. skimming and scanning for details b. inferring meanings of unfamiliar words from context c. completing graphic organisers with details from the article 	
Warmer	 Teacher writes the word 'Shangri-La' on the board and asks students if they have heard the word and if they know what it means. Teacher elicits and discusses with the class. 	3mins
Pre-reading	 Teacher then gets students to read page 17 (the first two paragraphs of the article) to look for the definition of 'Shangri-La'. Teacher elicits for answers. 	8mins
While-Reading	 Next, teacher distributes Task 1 and gets students to read the article and work in pairs. In Task 1 students need to complete the graphic organiser (author's trip to Shangri-La Country in Yunnan). 	10mins
Post-reading	 Teacher elicits and discusses answers to Task 1. Teacher continues with Task 2. Students work in groups to answer vocabulary questions in Task 2. Teacher discusses and confirms answers with students.Next, teacher continues with Task 3. Each group needs to design a brochure for the Shangri-La Country in Yunnan to introduce its history, food and interesting places. Brochures can be displayed in class/school notice boards. 	17mins
Wrap	1. Teacher wraps up lesson.	2 mins

TASK 1

Look at the trip itinerary below. Complete the diagram with details from the article.



TASK 2

Read the extracts below and answer each vocabulary question that follows.

- 1. "The name 'Shangri-La' rose to legendary fame as a fictional paradise described in the 1993 novel Lost Horizon by British novelist James Hilton. Since the publication of his novel, many an adventurer has wanted to discover the real Shangri-La that inspired Hilton's novel."
 - a) Which word tells you that 'Shangri-La' does not exist?
 - b) Find a word which has the opposite meaning to it.
- 2. "There is a Shangri-La, including in northwestern Yunnan province in China, Sichuan and Tibet. In 2001, Zhongdian County in northwestern Yunnan officially renamed itself Shangri-La Country."

Which phrase tells you that Zhongdian County is now formally known as Shangri-La Country?

- 3. "The countryside was one of the most beautiful places we have ever seen. The hills had transformed from green to autumn colours. The landscape was like a live painting filled with hues of yellow, red, brown and gold, contrasted by the snowy white peaks of the Mount Meili range in the distance."
 - a) Which word tells you that the season at Mount Meili had changed?
 - b) Which word tells you that Mount Meili is far from the countryside?
- 4. "In the countryside, the architecture had changed entirely to Tibetan and many of the inhabitants were also dressed in traditional attire. People outside of China normally think of the Chinese as a single ethnic group but there are in fact many ethnic groups in the vast country."

Which phrase tells you the type of clothes the inhabitants in the countryside wear?

5. "The last time the list was updated was in 1979. So, the next time you plan a trip to China, try going out of the large cities. You might be amazed at the kaleidoscope of cultures, traditions, architecture, landscapes, food and spoken dialects that await you."

Which word tells you that China is a multi-cultured country?

6. "In the chilly autumn weather, the hotpot is a favourite meal among the inhabitants. We tried a few over the ten days we were in Yunnan. If you think we are talking about the typical steamboat found in many Chinese restaurants in Malaysia, you are mistaken."

Which word tells you that the weather in Yunnan is cold during autumn?

7. "In Lijiang, we discovered a very spicy chicken and potatoes hotpot, which was alarmingly more potent than the Malaysian curry chicken. In Fei Lai Si, the hotpot is like a pot of clear soup with few chunks of meat and vegetables."

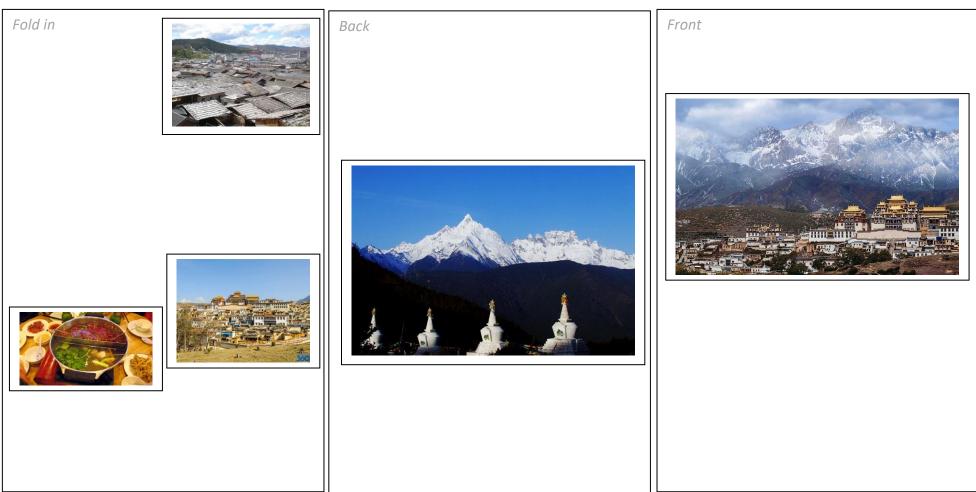
Which word tells you that the author and her friends were surprised with the food in Lijiang?

8. "The Meili Snow Mountains consist of 13 peaks with an average altitude of over 6,000 metres. It is a holy land for Tibetan Buddhists, and is the first among the eight sacred mountains in Tibet."

Which word tells you that the mountains in Tibet have religious values?

TASK 3

Make a brochure to introduce the culture, history, food and interesting places of the Shangri-La Country in Yunnan.



ANSWERS

Task 1

(students are encouraged to use their own words to complete graphic organiser)

- 1. (overnight) train ride
- 2. filled with autumn colours / like a live painting filled with hues of yellow, red, brown and gold
- 3. Mount Meili
- 4. Tibetan (architecture)
- 5. (spicy) hotpot
- 6. (little) one-street town
- 7. To hike 24km uphill; Yubeng Village
- 8. a) Hike to the Base Camp and Ice Lake
 - b) Hike to the Sacred Waterfall
- 9. The Kawa Karpo Peak (and most of the rest of the mountain range)
- 10. 13 peaks (with an average altitude of 6,000 metres); Tibetan Buddhists

Task 2

- 1. a) fictional
 - b) real
- 2. officially renamed
- 3. a) transformed
 - b) distance
- 4. traditional attire
- kaleidoscope
- 6. chilly
- 7. alarmingly
- 8. sacred