



Stages	Procedure	Time
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To practice               <ol style="list-style-type: none"> <li>a. skimming and scanning to distinguish main ideas from specific details</li> <li>b. inferring meanings of unfamiliar words from context</li> </ol> </li> </ol>	
<b>Warmer</b>	<ol style="list-style-type: none"> <li>1. Teacher shows picture of a cycling route map and asks students if they can recognize the routes and what people do with the routes.</li> <li>2. Teacher elicits responses.</li> <li>3. Teacher asks students what they think the article is going to be about.</li> <li>4. Teacher leads into the topic of the day.</li> </ol>	<b>5mins</b>
<b>Pre-reading</b>	<ol style="list-style-type: none"> <li>1. Teacher arranges students into small groups.</li> <li>2. Teacher distributes <b>Task 1</b>.</li> <li>3. Teacher gets students to work in pairs to skim and scan only the topic sentence (first sentence) of each paragraph. Students then write the suitable topic sentence to match the supporting points in <b>Task 1</b>.</li> </ol>	<b>6mins</b>
<b>While-Reading</b>	<ol style="list-style-type: none"> <li>1. Teacher gets students to skim through the whole article again to check their answers for <b>Task 1</b>. Teacher discusses and confirms answers with students.</li> <li>2. Next, teacher puts students into small groups and distribute <b>Task 2</b> to each group.</li> <li>3. Teacher gets students to read the paragraph in the task and replace each underlined word with a word from the article.</li> <li>4. Teacher elicits and checks answers.</li> </ol>	<b>12mins</b>
<b>Post-reading</b>	<ol style="list-style-type: none"> <li>1. Teacher then continues with <b>Task 3</b>.</li> <li>2. Teacher gets each group to label parts of the Vigor P9 folding bicycle with the words provided.</li> <li>3. Before wrapping up the lesson, teacher can get students to look at the cycling routes again. Teacher can plan a cycling tour with the class.</li> </ol>	<b>12mins</b>
<b>Wrap</b>	<ol style="list-style-type: none"> <li>1. Teacher confirms cycling tour and wraps up lesson.</li> </ol>	<b>5 mins</b>

**TASK 1**

Read the statements below and match each statement with a suitable *topic sentence* from the article.

1.	People around the world are joining cycling groups as cycling is now a trendy sport.
2.	People mainly are getting back to the trend of cycling because the cost of petrol is continually increasing and people just want to avoid the heavy traffic in the city area.
3.	New bicycle gears make movement swift and smooth and therefore make cycling effortless.
4.	The modern alloy bikes are lighter and these bikes also come with foldable features that give a lot of convenience to the cyclists.
5.	Not everyone can afford to own a car in those days; hence, it was common to see people travelling around on a bike.
6.	With the increase of bike lanes, cyclist can travel around safely.
7.	People mainly started to switch to having cars because more and more people are staying further away from the city area and people were attracted by the comfort that cars could provide.
8.	People in the neighbourhood usually leave their bicycles for others to use as they are used to sharing their bicycles with others.
9.	Bicycles then were mostly used only by kids during their play time.
10.	Cycling can help reduce the greenhouse effect that harms our atmosphere.

## TASK 2

Read the paragraphs below and replace the words underlined with a word or phrase from the article.

Bicycle was a commonly used vehicle in the past. In the kampong, it is still widely used by villagers to travel around. However, many started to (1) give up on their bicycles and switched to cars. People were (2) attracted by the comfort that cars could provide. Furthermore, cycling became (3) inconvenient and less helpful, especially when more people are staying far from the city area. Therefore, less people use bicycle and it then became (4) outdated.

But due to the (5) comeback of cycling as a lifestyle recently, more people are joining cycling groups to participate in cycling activities. This rising trend has made bicycles very (6) modern and well developed. The alloy bicycles are light and they come with gears that make cycling (7) effortless. There are also more bicycle lanes in city area, so that cyclists can avoid careless drivers who tend to (8) fail noticing them. Cycling is not only a fun and good sport, but it is also a solution to the problem of pollution (9) throughout the world. Therefore, if you want to live in a better environment, (10) think about getting a bicycle!

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

### TASK 3

Look at the picture below and label each part of the bicycle with the words provided.

The Vigor P9 folding bicycle



saddle	wheels
front brake	pedal
tyre	spokes
frame	chain wheel
chain	brake lever

## ANSWERS

### Task 1

1. Many people are taking up cycling as a sport and fun way to get exercise.
2. However, lately, there has been a revival for bicycles.
3. Cycling is easy on the legs unlike jogging or badminton.
4. Modern bikes are very advanced.
5. You may be surprised to know that, years ago, people used to cycle everywhere.
6. Due to the increased interest, many cities around the world are building bike lanes.
7. When people got better jobs and higher pay, they began to ditch their bicycles for cars.
8. In the kampong, bicycles are parked under the kampong house.
9. And so, bicycles became obsolete.
10. People are also aware that pollution is a big problem worldwide.

### Task 2

1. ditch
2. enticed
3. impractical
4. obsolete
5. revival
6. advanced
7. easy on the legs
8. overlook
9. worldwide
10. consider

### Task 3

1. tyre
2. wheels
3. chain wheel
4. chain
5. pedal
6. saddle
7. frame
8. brake lever
9. front brake
10. spokes